

Mental Health and Substance Use Disorder (MHSUD) services for partial hospitalization programs, intensive outpatient programs, facility admissions, residential admissions, diversion bed admissions and concurrent reviews do not require prior approval or pre-notification if:

- The patient has:
 - Blue Cross and Blue Shield of Vermont (Blue Cross VT) insurance coverage, or
 - New England Health Plan/Access Blue New England and has selected a primary care provider in Vermont
- AND the rendering provider/facility is contracted with Blue Cross VT

Prior approval or pre-notification continues to be required if the services are provided by out-of-state (even if that provider/facility is in the BlueCard network) or an in-state, non-contracted Blue Cross VT provider/facility.