

2025 Federal Employee Program (FEP) Prior Approval/Pre-Certification List for:

- Federal Employee Health Benefit Standard Option or
- Postal Employee Health Benefit Standard Option or
- Federal Employee Health Benefit Basic Option or
- Postal Employee Health Benefit Basic Option

Please note: There is a separate Prior Approval/Pre-Certification list for the FEP Blue Focus product for Federal Employee Health Benefit and Postal Employee Health Benefit.

Federal Employee Program members only require prior approval or pre-certification on the following services, which are based on medical necessity. For a complete quote of benefit information, please contact the local Blue Cross and Blue Shield plan on the back of the patient's identification card.

Services requiring Pre-Certification:

- Inpatient hospital admissions
- Inpatient residential treatment centers
- Skilled nursing facilities

Services requiring Prior Approval:

Air Ambulance Transport (non-emergent)

Prior approval is required for all non-emergent air ambulance transports. Air ambulance transports related to immediate care, or a medical emergency or accidental injury does not require prior approval.

Applied Behavioral Analysis (ABA)

Prior approval is required for all ABA and all related services, including assessments, evaluations, and treatments.

Gender Affirming Surgery

Prior to surgical treatment of gender dysphoria, you must submit a treatment plan including all surgeries planned and the estimated date each will be performed. A new prior approval will need to be obtained if the treatment plan is approved and modifications to the original treatment plan needs to be made.

Gene Therapy and Cellular Immunotherapy

Prior approval is required for all gene therapy and cellular immunotherapy, for example Car-T and T-cell receptor therapy.

Genetic Testing

Hearing Aids

Hospice care

Prior approval is required for home hospice, continuous home hospice, or inpatient hospice care services.

Medical Benefit Drugs (previously titled High-Cost Drugs)

Prior approval is required for certain drugs submitted on a medical claim for reimbursement. Contact FEP customer service (800) 328-0365 or visit www.fepblue.org/medicalbenefitdrugs for a list of drugs requiring prior approval.

Organ/Tissue Transplants

Prior approval required for both the procedure and the facility.

When using a Blue Distinction Center for Transplants, prior approval is also required for travel benefits.

Outpatient Sleep Studies performed outside the home

Prior approval is required for sleep studies performed in a provider's office, sleep center, clinic, outpatient center, hospital, skilled nursing facility, residential treatment center and any other location that is not in the patient's home.

Outpatient Surgical Services

The surgical services listed below require prior approval when they are to be performed on an outpatient basis. This requirement applies to both the physician services and the facility services.

- surgery for morbid obesity
- surgery needed to correct accidental injuries to jaws, cheeks, lips, tongue roof and floor of mouth.

Prescription Drugs

Certain prescription drugs require prior approval. Contact CVS Caremark, our Pharmacy Program administrator at (800) 624-5060 to request prior approval or to obtain and updated list of prescription drugs that require prior approval. You must periodically renew prior approval for certain drugs.

Proton Beam Therapy, Stereotactic Radiosurgery, and Stereotactic Body Radiation Therapy

Reproductive Services

Prior approval is required for intracervical insemination (ICI), intrauterine insemination (IUI), intravaginal insemination (IVI), and assisted reproductive technologies (ART).

Sperm/Egg Storage

Prior Approval is required for the storage of sperm and eggs for individuals facing iatrogenic infertility.

Stem Cell Transplants (Blood or Marrow)

All services require prior approval and must be performed in a facility with a transplant program accredited by the Foundation for the Accreditation of Cellular Therapy (FACT) or in a facility designated as a Blue Distinction Center for Transplants or as a Cancer Research Facility.

Clinical trials for certain blood or marrow stem cell transplants, contact the FEP customer service team for details as some benefits are only available for specific type of clinical trial.

For the purposes of the blood or marrow stem cell clinical trial transplants covered, a clinical trial is a research study whose protocols has been reviewed and approved by the Institutional Review Board (IRB) of the Blue Distinction Center for Transplants where the procedure is performed.