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UPDATE: April 20, 2023: New England Health Plan and Access Blue New England members mental health and substance use disorders are not managed by Blue Cross VT. Requirements for these services follow the member's Blue Plan prior approval requirements, if any.

Below is the original notice with the updates noted.

March 27, 2023

Dear Provider,

Effective April 1, 2023, the prior approval requirements for inpatient mental health and substance use disorders admissions, concurrent review and inpatient diversion level of care is waived if:

- The patient has Blue Cross and Blue Shield of Vermont (Blue Cross VT) insurance coverage, or a New England Health Plan/Access Blue New England member that has selected a primary care provider located in Vermont, and,
- The rendering provider/facility is contracted with Blue Cross VT or is a Blue Cross and Blue Shield contracted provider/facility through BlueCard.

If the requirements of the above two bullets are met, you do not need to submit prior approval as of April 1, 2023. Our system will identify the service(s) are eligible without prior approval and process accordingly.

This is a trial program that will be re-evaluated every six months. If we determine a change is required, we will provide advanced notice.

Prior approval continues to be required for Blue Cross VT members, including NEHP/ABNE that have selected a primary care provider located in Vermont when the service is being provided by a non-contracted provider/facility.

Thank you for your time. If you have any questions regarding this notice, feel free to contact your provider relations consultant. If you are not sure who that is, please email providerrelations@bcbsvt.com or call (888) 449-0443 option 1 and you will be directed to the appropriate person. Business hours are Monday through Friday from 8 a.m. to 4:30 p.m., except holidays.

Sincerely,

Lou McLaren

Director, Provider Services

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