



Welcome to Your New Plan Year

Happy 2025! We want to empower you to live your healthiest life, so you can spend more time doing the things you love. Over the coming weeks, we will be sharing with you different benefits of your health plan so that you can be sure to access all of your benefits.

As a member, you have access to a variety of resources that can support your health and well-being, as well as help with managing plan details:

- **[Member Resource Center](#)**. This online portal provides you with easy access to your plan benefits, a physician finder tool, a tracker for out-of-pocket expenses, and more.
- **[Be Well Vermont Wellness Platform](#)**. This online tool offers resources to support your physical, emotional, financial, and mental well-being. You also have access to an online health assessment to help guide your health journey.
- **[Blue Sky VT DaysSM Events](#)**. Throughout the year, we host in-person and virtual events, encouraging you to get outside and do an activity you love or try something new.
- **[Member Discounts](#)**. We've partnered with businesses around Vermont to offer you discounts for their services. Use our [website tool](#) to find services near you.
- **[A Health Blog](#)**. Our weekly blog articles provide general health and wellness information, as well as information about health plan benefits.