

NOTICE OF PREVENTIVE GRID CHANGES

September Newsletter Edition Effective: 11/01/2026

The chart(s) below provide a high-level overview of new/revised/archived Preventive Grid. We encourage you to review the preventive grid changes in their entirety. Updated and new preventive grid are posted at <https://www.bluecrossvt.org/members/coverage>

Note: The June notification related to preventive grid changes were omitted in error and are located at the bottom of this notification.

60-Day Advanced Notice Preventive Grid Changes

Document Name: Preventive Grid Changes November 01, 2026

Document Type: Preventive Grid

Summary of Changes:

	Change/Revision	Demographic	Effective Date
08/17/2026	Immunization Influenza Section: Added code 90616.	Adult section	Added 11/01/2026 back dated effective 09/01/2026
Effective Date:	November 1, 2026 back dated effective 09/01/2026		
Link to Preventive Grid/:	https://www.bluecrossvt.org/documents/preventive-care-guide-november-2026		

60-Day Advanced Notice Preventive Grid Changes

Document Name: Preventive Grid Changes August 01, 2026 that were omitted from the June 2026 notification

Document Type: Preventive Grid

Summary of Changes:

	Change/Revision	Demographic	Effective Date
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05/14/2026	Mammography Breast Screening for Breast Cancer Sections: -Mammography Diagnostic -To Complete the Screening Process Section -Breast Ultrasound -To Complete the Screening Process Section -Breast MRI -To Complete the Screening Process Section Added the following diagnosis codes: N63.15, N63.25, Z00.00, Z00.01, Z12.31, Z80.3, Z85.3, Z90.10, Z90.11, Z90.12, Z90.13	Adults age 18 and older	08/01/2026
05/14/2026	Antiretroviral Therapy for Prevention of Human Immunodeficiency Virus (HIV) Infection section: Pre-Exposure Prophylaxis (PrEP). Replaced name of drug SUNLENCA® with YEZTUGO® drug codes remain unchanged (J0738/ J0752) error in name of drug only.	All applicable sections	08/01/2026
05/14/2026	Healthy Diet & Exercise Counseling for Obesity section: Changed name of section to High Body Mass Index in Children and Adolescents. Added new section sub-headers: -Medical Nutrition Therapy or Counseling -Preventive Medical Individual Therapy or Counseling -Behavioral Therapy or Counseling Added in age section the following: Ages 3 years to 17 -3 years or older with a high body mass index (BMI) of 120% or more of the (≥ 95th percentile for age and gender) Removed code: S9452 Added codes: G0270 & G0271 Removed diagnosis codes: Z00.121, Z00.129, Z01.411, Z01.419, Z13.6, Z71.3. Added diagnosis codes: E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9, E88.82, Z68.54, Z68.55, Z68.56.	3-17 years of age	08/01/2026
05/14/2026	Healthy Diet & Exercise Counseling for Obesity section: Changed name of section to Healthy Diet and Physical Activity for Cardiovascular Disease and Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling Intervention Added new section sub-headers: -Medical Nutrition Therapy or Counseling -Preventive Medical Individual Therapy or Counseling -Behavioral Therapy or Counseling -Atherosclerosis Cardiovascular Risk Assessment	Adults age 18 and older	08/01/2026

	Removed code: S9452 Added codes: G0270, G0271, G0537 Removed diagnosis codes: Z00.00, Z00.01, Z01.411, Z01.419, Z13.6, Z71.3. Added diagnosis codes: Screening: Z13.220 Nicotine Dependence, Tobacco Use, or Family History of Ischemic Heart Disease: F17.210, F17.211, F17.213, F17.218, F17.219, Z72.0, Z87.891, Z82.49 Overweight: E66.3, Z68.25, Z68.26, Z68.27, Z68.28, Z68.29 Body Mass Index 30.0 – 39.9: Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39 Body Mass Index 40.0 and Over: Z68.41, Z68.42, Z68.43, Z68.44, Z68.45 Impaired Fasting Glucose: R73.01 Metabolic Syndrome; Insulin Resistance Syndrome Type A; Other Insulin Resistance: E88.810, E88.811, E88.818, E88.819 Hyperlipidemia / Dyslipidemia: E78.00, E78.010, E78.011, E78.019, E78.1, E78.2, E78.3, E78.41, E78.49, E78.5 Obesity: E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9, E88.82, Z68.41, Z68.42, Z68.43, Z68.44, Z68.45 Essential Hypertension: I10 Resistant Hypertension: I1A.0 Secondary Hypertension: I15.0, I15.1, I15.2, I15.8, I15.9, N26.2 Urgent/Emergency/Crisis Hypertension: I16.0, I16.1, I16.9		
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	Diabetes: Refer to Diabetes Diagnosis Code List Atherosclerosis: Refer to Atherosclerosis Diagnosis Code List Coronary Atherosclerosis: I25.10, I25.110, I25.111, I25.112, I25.118, I25.119, I25.700, I25.701, I25.702, I25.708, I25.709, I25.710, I25.711, I25.712, I25.718, I25.719, I25.720, I25.721, I25.722, I25.728, I25.729, I25.730, I25.731, I25.732, I25.738, I25.739, I25.750, I25.751, I25.752, I25.758, I25.759, I25.760, I25.761, I25.762, I25.768, I25.769, I25.790, I25.791, I25.792, I25.798, I25.799, I25.810, I25.811, I25.812		
05/14/2026	Added New Section: Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions Procedure Code(s): Medical Nutrition Therapy: 97802, 97803, 97804, G0270, G0271, S9470 Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404 Behavioral Counseling or Therapy: G0446, G0447 Diagnosis Code(s): Body Mass Index 30.0-39.9: Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39 Body Mass Index 40.0 and over: Z68.41, Z68.42, Z68.43, Z68.44, Z68.45 Obesity: E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9, E88.82	Adults age 18 and older	08/01/2026
05/14/2026	Added New section: Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling Interventions Procedure Code(s): Medical Nutrition Therapy or Counseling: 97802, 97803, 97804, G0270, G0271, S9470 Preventive Medicine Individual Therapy or Counseling:	Pre-Natal Care and Family Planning for Persons of Child-Bearing Capacity of All Ages	08/01/2026

	99401, 99402, 99403, 99404 Behavioral Therapy or Counseling: G0446, G0447 Atherosclerosis Cardiovascular Risk Assessment: G0537 Diagnosis Code(s): Hypertension Complicating Pregnancy, Childbirth, and the Puerperium: O10.011, O10.012, O10.013, O10.019, O10.02, O10.03, O10.111, O10.112, O10.113, O10.119, O10.12, O10.13, O10.211, O10.212, O10.213, O10.219, O10.22, O10.23, O10.311, O10.312, O10.313, O10.319, O10.32, O10.33, O10.411, O10.412, O10.413, O10.419, O10.42, O10.43, O10.911, O10.912, O10.913, O10.919, O10.92, O10.93, O11.1, O11.2, O11.3, O11.4, O11.5, O11.9, O13.1, O13.2, O13.3, O13.4, O13.5, O13.9, O16.1, O16.2, O16.3, O16.4, O16.5, O16.9 Pregnancy: Refer to Pregnancy Diagnosis Code List		
05/14/2026	Healthy Weight and Weight Gain During Pregnancy Section: Added new section sub-headers: -Medical Nutrition Therapy or Counseling -Preventive Medical Individual Therapy or Counseling -Behavioral Therapy or Counseling Removed code: S9452 Added codes: G0270^ & G0271^ Removed diagnosis code: Z71.3	Pre-Natal Care and Family Planning for Persons of Child-Bearing Capacity of All Ages	08/01/2026
05/14/2026	Removed Fetal Health Diagnoses List and Replaced with New coding table by sections: -Atherosclerosis -Diabetes -Pregnancy	Pre-Natal Care and Family Planning for Persons of Child-Bearing Capacity of All Ages	08/01/2026
Effective Date:	August 01, 2026		
Link to Preventive Grid/:			