# Preventing hospital readmissions



# Tips to reduce the chances of an unplanned readmission

## Post Discharge



### **Follow-up Appointments**

Keep open appointments so your office can see patients within 7 days.



### **Medication Management**

Ask your patient to bring all medications they were taking pre-hospitalization and any new ones they are supposed to be taking after discharge (including over-the-counter, pills, liquids, topicals, vitamins and supplements).



#### **Discharge Summary**

Obtain the discharge summary (or ask the patient to bring a copy) to help with continuity of care.

# During the Visit



#### Medications

Reconcile medications and ask the patient and/or caregiver to describe the new medication regimen back to you. Document their understanding of the medication plan.



### Labs/Tests

Address all follow-up tests and lab results ordered prior to discharge, and provide appropriate interventions as needed.

## Next Steps



#### Confirm the Ws

The patient should know with **w**hom, **w**hen, **w**hy and **w**hat happens next for any upcoming appointments.



#### Visit Summary

Provide a copy of the visit summary to the patient to review later. Include new medications, test results, future appointments with specialists and any scheduled tests.











