

2021 National Performance Wellness List

Effective July 1, 2021



Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

A list of covered preventive medications begins on the next page.

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.

2021 Preventive medication list

Antidepressants

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
paroxetine
paroxetine ER
PEXEVA
sertraline

Antipsychotics

ABILIFY MAINTENA
ABILIFY MYCITE
ADASUVE
aripiprazole
aripiprazole ODT
ARISTADA
ARISTADA INITIO
asenapine
CAPLYTA
chlorpromazine
clozapine
clozapine ODT
CLOZARIL
compro
EQUETRO
FANAPT
FAZACLO
fluphenazine
GEODON
haloperidol
INVEGA
INVEGA SUSTENNA
INVEGA TRINZA
LATUDA
loxapine
molindone
NUPLAZID
olanzapine
olanzapine ODT
olanzapine/fluoxetine
paliperidone ER
perphenazine
PERSERIS
prochlorperazine
quetiapine
quetiapine ER
REXULTI
RISPERDAL CONSTA
risperidone
risperidone ODT

SYMBYAX
thioridazine
thiothixene
trifluoperazine
VERSACLOZ
VRAYLAR
ziprasidone
ZYPREXA RELPREVV
ZYPREXA ZYDIS

Asthma and COPD

ACCOLATE
ADVAIR DISKUS
ADVAIR HFA
albuterol sulfate
albuterol sulfate ER
albuterol sulfate HFA
ANORO ELLIPTA
ARNUITY ELLIPTA
ATROVENT HFA
BREO ELLIPTA
BREZTRI AEROSPHERE
BROVANA
budesonide
COMBIVENT RESPIMAT
cromolyn
DALIRESP
difil-g forte
ELIXOPHYLLIN
FLOVENT DISKUS
FLOVENT HFA
FLUTICASONE PROPIONATE/
SALMETEROL INH
fluticasone/salmeterol diskus
ipratropium
ipratropium/albuterol
levalbuterol neb
LONHALA MAGNAIR
metaproterenol
montelukast
PEAK FLOW METERS
PERFOROMIST
PROAIR HFA
PROAIR RESPICLICK
PULMICORT FLEXHALER
SEREVENT DISKUS
SPIRIVA HANDIHALER
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
STRIVERDI RESPIMAT
SYMBICORT
terbutaline
THEO-24

theophylline
theophylline CR
theophylline ER
TRELEGY ELLIPTA
VENTOLIN HFA
wixela inhub
XOPENEX NEB
XOPENEX CONCENTRATE
YUPELRI
zafirlukast
zileuton ER
ZYFLO

Cancer

anastrozole
AROMASIN
EVISTA
exemestane
FARESTON
FEMARA
letrozole
OSPHENA
raloxifene
SOLTAMOX
tamoxifen
toremifene

Cardiovascular/heart disease

Anti-anginal agents

DILATRATE SR
GONITRO
ISORDIL TITRADOSE
isosorbide dinitrate
isosorbide dinitrate ER
isosorbide mononitrate
isosorbide mononitrate ER
minitran
NITRO-BID
NITRO-DUR
nitroglycerin
nitroglycerin ER
nitroglycerin lingual
nitroglycerin transdermal
NITROLINGUAL PUMPSPRAY
NITROMIST
nitro-time
ranolazine ER

Anticoagulants

AGGRENOX
ARIXTRA ^{SP}
aspirin/dipyridamole er

Brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol). Refer to benefit plan documents to make sure listed medication is included in your benefit.

^{SP} Oral and self-injectable Specialty medications may have limitations based on your plan benefit

Cardiovascular/heart disease, continued**Anticoagulants**

BEVYXXA
 BRILINTA
 cilostazol
 clopidogrel
 COUMADIN
 dipyridamole
 DURLAZA
 EFFIENT
 ELIQUIS
 enoxaparin ^{SP}
 fondaparinux ^{SP}
 FRAGMIN ^{SP}
 heparin
 jantoven
 LOVENOX ^{SP}
 PRADAXA
 prasugrel
 SAVAYSA
 warfarin
 XARELTO
 ZONTIVITY

Cardiac glycosides

digitek
 digox
 digoxin
 LANOXIN

High blood pressure

ACCUPRIL
 ACCURETIC
 acebutolol
 ADALAT CC
 ALDACTAZIDE
 ALDACTONE
 aliskiren
 amiloride
 amiloride/hydrochlorothiazide
 amlodipine
 amlodipine/benazepril
 amlodipine/valsartan
 amlodipine/olmesartan
 amlodipine/valsartan/
 hydrochlorothiazide
 ATACAND HCT
 atenolol
 atenolol/chlorthalidone
 AVALIDE
 benazepril
 benazepril/hydrochlorothiazide
 BETAPACE
 BETAPACE AF
 betaxolol tablet
 BIDIL

bisoprolol
 bisoprolol/hydrochlorothiazide
 BLOOD PRESSURE MONITORS
 bumetanide
 BUMEX
 BYSTOLIC
 BYVALSON
 CALAN
 CALAN SR
 candesartan
 candesartan/hydrochlorothiazide
 captopril
 captopril/hydrochlorothiazide
 CARDIZEM
 CARDIZEM CD
 CARDURA
 CAROSPIR
 cartia XT
 carvedilol
 carvedilol ER
 CATAPRES
 chlorothiazide
 chlorthalidone
 clonidine
 CORGARD
 DEMADDEX
 DEMSER
 DIBENZYLIN
 dilt-xr
 diltiazem
 diltiazem CD
 diltiazem ER
 DIURIL
 doxazosin
 DUTOPROL
 DYRENIUM
 EDARBI
 EDARBYCLOR
 EDECRIN
 enalapril
 enalapril/hydrochlorothiazide
 EPANED
 eplerenone
 eprosartan
 ethacrynic acid
 felodipine er
 FIRST - ATENOLOL
 FIRST - METOPROLOL
 fosinopril
 fosinopril/hydrochlorothiazide
 furosemide
 guanfacine
 HEMANGEOL
 hydralazine
 hydrochlorothiazide
 indapamide
 INSPRA

irbesartan
 irbesartan/hydrochlorothiazide
 isradipine
 labetalol
 lisinopril
 lisinopril/hydrochlorothiazide
 LOPRESSOR
 LOPRESSOR HCT
 losartan potassium
 losartan potassium/hydrochlorothiazide
 LOTENSIN
 LOTENSIN HCT
 matzim LA
 MAXZIDE
 MAXZIDE-25
 methylothiazide
 methyl dopa
 methyl dopa/hydrochlorothiazide
 metolazone
 metoprolol
 metoprolol ER
 METOPROLOL ER/
 HYDROCHLOROTHIAZIDE
 metoprolol/hydrochlorothiazide
 metyrosine
 MINIPRESS
 minoxidil tablet
 moexipril
 nadolol
 nicardipine
 nifedipine
 nifedipine ER
 nimodipine
 nisoldipine ER
 NYMALIZE
 olmesartan
 olmesartan/amlodipine/
 hydrochlorothiazide
 olmesartan/hydrochlorothiazide
 perindopril
 phenoxybenzamine
 pindolol
 prazosin
 PRESTALIA
 PROCARDIA
 PROCARDIA XL
 propranolol
 propranolol ER
 propranolol/hydrochlorothiazide
 QBRELIS
 quinapril
 quinapril/hydrochlorothiazide
 ramipril
 sotalol
 SOTYLIZE
 spironolactone
 spironolactone/hydrochlorothiazide

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Cardiovascular/heart disease, continued**High blood pressure**

SULAR
TARKA
taztia XT
TEKTURNA
TEKTURNA HCT
telmisartan
telmisartan/amlodipine
telmisartan/hydrochlorothiazide
TENORETIC
terazosin
tiadylt ER
TIAZAC
timolol (tablet)
torsemide
trandolapril
trandolapril/verapamil ER
triamterene
triamterene/hydrochlorothiazide
TWINSTA
valsartan
valsartan/hydrochlorothiazide
VASERETIC
VASOTEC
VECAMEYL
verapamil
verapamil ER
verapamil SR
VERELAN
VERELAN PM
ZESTORETIC
ZIAC

High cholesterol

ALTOPREV
amlodipine/atorvastatin
ANTARA
atorvastatin
CADUET
cholestyramine
cholestyramine lite
colesevelam
colestipol
EZALLOR SPRINKLE
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibrate micronized
fenofibric acid
fenofibric acid DR
FENOGLIDE
FIBRICOR
FLOLIPID
fluvastatin
fluvastatin ER

gemfibrozil
icosapent ethyl
JUXTAPID ^{SP}
LIPOFEN
LOPID
lovastatin
NEXLETOL
NEXLIZET
niacin (Rx only)
niacin ER
niacor
omega-3-acid ethyl esters
PRALUENT
pravastatin
prevalite
REPATHA
REPATHA SURECLICK
rosuvastatin
simvastatin
TRIGLIDE
TRILIPIX
VASCEPA

Contraceptives

This section lists contraceptive categories. Please note that brands and generics are eligible dependent upon your benefit plan formulary.

CONTRACEPTIVE PATCH
CONTRACEPTIVE VAGINAL RING
EMERGENCY CONTRACEPTIVES
IMPLANT CONTRACEPTIVE
INJECTABLE CONTRACEPTIVE
IUDs
ORAL CONTRACEPTIVES

Diabetes**Insulin**

AFREZZA
HUMALOG
HUMALOG JUNIOR KWIKPEN
HUMALOG KWIKPEN
HUMALOG MIX 50/50
HUMALOG MIX 50/50 KWIKPEN
HUMALOG MIX 75/25
HUMALOG MIX 75/25 KWIKPEN
HUMULIN 70/30
HUMULIN 70/30 KWIKPEN
HUMULIN N
HUMULIN N KWIKPEN
HUMULIN R
HUMULIN R U-500
LANTUS
LANTUS SOLOSTAR

LYUMJEV
LYUMJEV KWIKPEN
TOUJEO MAX SOLOSTAR
TOUJEO SOLOSTAR

Non-insulin

acarbose
ACTOPLUS MET
ACTOS
AMARYL
AVANDIA
BYDUREON
BYDUREON BCISE
BYDUREON PEN
BYETTA
chlorpropamide
CYCLOSET
CONTOUR MONITOR
CONTOUR NEXT MONITOR KIT
DUETACT
FARXIGA
glimepiride
glipizide
glipizide ER
glipizide XL
glipizide/metformin
GLUCOTROL
GLUCOTROL XL
glyburide
glyburide/metformin
glyburide micronized
GLYNASE
GLYSET
GLYXAMBI
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
JENTADUETO
JENTADUETO XR
metformin
metformin ER (not mod or osm)
miglitol
nateglinide
OZEMPIC
pioglitazone
pioglitazone/metformin
pioglitazone/glimepiride
PRANDIN
PRECOSE
repaglinide
repaglinide/metformin
RIOMET
RYBELSUS
SOLIQUA
STARLIX
SYMLINPEN

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Diabetes, continued**Non-insulin**

SYNJARDY
 SYNJARDY XR
 tolbutamide
 TRAJENTA
 TRULICITY
 VICTOZA
 XIGDUO XR
 XULTOPHY

Estrogens

ACTIVELLA
 ALORA
 amabelz
 ANGELIQ
 BIJUVA
 CLIMARA PRO
 COMBIPATCH
 COVARYX
 COVARYX HS
 DIVIGEL
 dotti
 DUAVEE
 EEMT
 EEMT HS
 ELESTRIN
 esterified estrogens/
 methyltestosterone DS
 esterified estrogens/
 methyltestosterone HS
 estradiol
 estradiol/norethindrone
 ESTROGEL
 EVAMIST
 FEMHRT LOW DOSE
 fyavolv
 jinteli
 loppreeza
 lyllana
 MENEST
 MENOSTAR
 mimvey
 mimvey lo
 MINIVELLE
 ORIAHNN
 PREFEST
 PREMARIN
 PREMPHASE
 PREMPRO

Gastrointestinal-ulcer drugs

ACIPHEX SPRINKLE
 CARAFATE SUS
 cimetidine
 CYTOTEC
 DEXILANT
 esomeprazole magnesium
 ESOMEPRAZOLE STRONTIUM
 famotidine
 FIRST-LANSOPRAZOLE
 FIRST-OMEPRAZOLE
 lansoprazole
 lansoprazole ODT
 lansoprazole/amoxicillin/clarithromycin
 misoprostol
 NEXIUM 24HR
 NEXIUM GRANULES
 nizatidine
 OMECLAMOX -PAK
 omeprazole
 pantoprazole
 pantoprazole DR
 PEPCID
 PRILOSEC
 PROTONIX PAK
 PYLERA
 rabeprazole tablet
 sucalfate
 TALICIA

HIV/AIDS

abacavir
 abacavir/lamivudine
 abacavir/lamivudine/zidovudine
 APTIVUS
 atazanavir
 BIKTARVY
 CIMDUO
 COMBIVIR
 COMPLERA
 CRIXIVAN
 DELSTRIGO
 didanosine
 DOVATO
 EDURANT
 efavirenz
 efavirenz/emtricitabine/tenofovir
 disoproxil
 efavirenz/lamivudine/tenofovir
 disoproxil
 emtricitabine
 emtricitabine/tenofovir disoproxil

EMTRIVA
 EPIVIR
 EPZICOM
 EVOTAZ
 fosamprenavir
 FUZEON
 GENVOYA
 INTELENCE
 INVIRASE
 ISENTRESS
 ISENTRESS HD
 JULUCA
 KALETRA
 lamivudine
 lamivudine/zidovudine
 LEXIVA
 lopinavir/ritonavir
 nevirapine
 nevirapine ER
 NORVIR
 ODEFSEY
 PIFELTRO
 PREZCOBIX
 PREZISTA
 RESCRIPTOR
 RETROVIR
 REYATAZ
 ritonavir
 RUKOBIA
 SELZENTRY
 stavudine
 STRIBILD
 SUSTIVA
 SYMFI
 SYMFI LO
 SYMTUZA
 tenofovir disoproxil
 TIVICAY
 TIVICAY PD
 TRIUMEQ
 TRIZIVIR
 TROGARZO
 TYBOST
 VIDEX PEDIATRIC
 VIDEX EC
 VIRACEPT
 VIRAMUNE
 VIRAMUNE XR
 VIREAD
 VOCABRIA
 ZERIT
 ZIAGEN
 zidovudine

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Osteoporosis

ACTONEL
alendronate
ATELVIA
BINOSTO
BONIVA
calcitonin salmon
etidronate disodium
EVENTY^{SP}
EVISTA
FOSAMAX
FOSAMAX + D
ibandronate
NATPARA^{SP}
PROLIA^{SP}
raloxifene
risedronate
risedronate DR
TYMLOS^{SP}

Smoking deterrents

bupropion ER
CHANTIX
NICODERM CQ
NICORETTE
nicotine gum/lozenge/patch
NICOTROL INH/NS
ZYBAN

Transplant

ASTAGRAF XL^{SP}
AZASAN
azathioprine
CELLCEPT^{SP}
cyclosporine^{SP}
cyclosporine modified^{SP}
ENVARUS XR^{SP}
everolimus^{SP}
engraf^{SP}
IMURAN
mycophenolate^{SP}
mycophenolic acid DR^{SP}
MYFORTIC^{SP}
NEORAL^{SP}
PROGRAF^{SP}
RAPAMUNE^{SP}
SANDIMMUNE^{SP}
sirolimus^{SP}
tacrolimus^{SP}
ZORTRESS^{SP}

Vitamins & electrolytes

Pediatric vitamins with fluoride

(for example; POLY-VI-FLOR,
tri-vit/fl)
generic products
BRAND NAME PRODUCTS

Prenatal multivitamins with iron and folic acid

Brands and generics are eligible
dependent upon your benefit plan
formulary.

^{SP} Refer to benefit plan documents to make sure listed medication is included in your benefit.

This list is should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.

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