

# NOTICE OF PRIOR APPROVAL LIST CHANGES

Date: November 01, 2025

The chart(s) below provide a high-level overview of changes related to the Prior Approval List. We encourage you to review the Prior Approval List in its entirety. The current Prior Approval List is posted at <https://www.bluecrossvt.org/documents/prior-approval-list>.

## 60-Day Advanced Notice Prior Approval List Changes

**NOTE: Refer to Medical Policy Notification Changes for other changes impacting the Prior Approval List.**

<b>Effective Date:</b>	<b>January 01, 2026</b>
<b>Summary:</b>	<p><b>NOTE:</b> The changes go into effect on or after dates of service January 01, 2026.</p> <p>The Prior Approval List has been updated to remove the following codes. These services as of January 01, 2026, will be eligible when medically necessary. Codes: E0936, Q4236, Q5103*,</p> <p>The Prior Approval List has been updated to add the following codes. These services as of January 01, 2026, will require prior approval. Codes: J1745*, 41899, 55706, 95965<sup>+</sup>, 95966<sup>+</sup>.</p> <p>*Optum Rx Pharmacy Channel *Carelon Vendor</p>
<b>Link to Policy/ Document:</b>	<a href="https://www.bluecrossvt.org/documents/prior-approval-list-january-2026">https://www.bluecrossvt.org/documents/prior-approval-list-january-2026</a>

## Notice of Right to Object in Writing

In accordance with 18 V.S.A. § 9418c contracted providers have the right to object to new or modified policies and manuals.

Providers who object must do so within 60 days of the date the notice related to a policy or manual change. The rationale for the objection to the change must be in writing including related area(s) of the policy or manual and rationale or reasoning for the objection.

These objections are to be directed to Provider Contracting. This can be done by email at: [providercontracting@bcbsvt.com](mailto:providercontracting@bcbsvt.com) or

US Postal Service Blue Cross VT  
Attn: Provider Contracting, PO Box 186  
Montpelier, VT 05601.

Within 5 business days of receipt, the sender will receive confirmation of receipt of the objection.