

# NOTICE OF MEDICAL POLICY CHANGES

Date: September 1, 2025

The chart(s) below provide a high-level overview of new/revised/archived Medical Policies.

Updated and new medical policies are posted at <https://www.bluecrossvt.org/providers/provider-policies>

We encourage you to review the medical policies in their entirety. Some of the changes may affect eligible services, non-covered services, services that are not medically necessary, prior approval requirements or investigational services. The changes to these policies may also affect financial responsibilities for members and/or providers.

## 60-Day Advanced Notice Policy Changes

**Policy Name:** Drug Wastage

**Policy Type:** Medical Policy

<b>Summary:</b>	Policy reviewed. The policy will be archived and transitioned to a new payment policy effective November 01, 2025.
<b>Effective Date:</b>	Archived effective November 1, 2025
<b>Link to Policy/Manual:</b>	<a href="https://www.bluecrossvt.org/documents/drug-wastage-2025-archived">https://www.bluecrossvt.org/documents/drug-wastage-2025-archived</a>

**Policy Name:** Continuous Passive Motion (CPM) in the Home Setting

**Policy Type:** Medical Policy

<b>Summary:</b>	Policy reviewed. Minor grammatical changes and additions to summary section. No change to policy statement. Reference updated.
<b>Effective Date:</b>	November 1, 2025
<b>Link to Policy/Manual:</b>	<a href="https://www.bluecrossvt.org/documents/continuous-passive-motion-2025">https://www.bluecrossvt.org/documents/continuous-passive-motion-2025</a>

**Policy Name:** Dry Needling of Myofascial Trigger Points

**Policy Type:** Medical Policy

<b>Summary:</b>	Policy reviewed. Reference updated. No changes to policy statement.
<b>Effective Date:</b>	November 1, 2025
<b>Link to Policy/Manual:</b>	<a href="https://www.bluecrossvt.org/documents/dry-needling-myofascial-trigger-points-2025">https://www.bluecrossvt.org/documents/dry-needling-myofascial-trigger-points-2025</a>

**Policy Name:** Temporomandibular Joint Dysfunction

**Policy Type:** Medical Policy

<b>Summary:</b>	Policy reviewed. No change to policy statement. References updated.
<b>Effective Date:</b>	November 1, 2025
<b>Link to Policy/ Manual:</b>	<a href="https://www.bluecrossvt.org/documents/temporomandibular-joint-dysfunction-2025">https://www.bluecrossvt.org/documents/temporomandibular-joint-dysfunction-2025</a>

**Policy Name:** Electrical Bone Growth Stimulation of the Appendicular Skeleton

**Policy Type:** Medical Policy

<b>Summary:</b>	Policy reviewed. No change to policy statement. Reference updated.
<b>Effective Date:</b>	November 1, 2025
<b>Link to Policy/ Manual:</b>	<a href="https://www.bluecrossvt.org/documents/electrical-bone-growth-stimulation-2025">https://www.bluecrossvt.org/documents/electrical-bone-growth-stimulation-2025</a>

**Policy Name:** Cytochrome P450 Genotype-Guided Treatment Strategy

**Policy Type:** Medical Policy

<b>Summary:</b>	Policy reviewed. No change to policy statement. References updated.
<b>Effective Date:</b>	November 1, 2025
<b>Link to Policy/ Manual:</b>	<a href="https://www.bluecrossvt.org/documents/cytochrome-p450-genotype-guided-treatment-strategy-2025-0">https://www.bluecrossvt.org/documents/cytochrome-p450-genotype-guided-treatment-strategy-2025-0</a>

## Policy Updates Effective 8/1/25:

**Policy Name:** Telemedicine and Telehealth

**Policy Type:** Medical Policy

<b>Summary:</b>	Removed coding table instructions “requires prior approval” from codes: 0362T, 97152, 97153, 97154, 97155, 97156, 97157, 97158- codes do not require prior approval effective 08/01/2025.
<b>Effective Date:</b>	November 1, 2025
<b>Link to Policy/ Manual:</b>	<a href="https://www.bluecrossvt.org/documents/telemedicine-and-telehealth-2025-08-01-25">https://www.bluecrossvt.org/documents/telemedicine-and-telehealth-2025-08-01-25</a>

## Notice of Right to Object in Writing

In accordance with 18 V.S.A. § 9418c contracted providers have the right to object to new or modified policies and manuals.

Providers who object must do so within 60 days of the date the notice related to a policy or manual change. The rationale for the objection to the change must be in writing including related area(s) of the policy or manual and rationale or reasoning for the objection.

These objections are to be directed to Provider Contracting. This can be done by email at: [providercontracting@bcbsvt.com](mailto:providercontracting@bcbsvt.com) or US Postal Service BCBSVT Attn: Provider Contracting, PO Box 186, Montpelier, VT 05601.

Within 5 business days of receipt, the sender will receive confirmation of receipt of the objection.