

NOTICE OF MEDICAL POLICY CHANGES

Date: July 1, 2025

The chart(s) below provide a high-level overview of new/revised/archived Medical Policies.

Updated and new medical policies are posted at <https://www.bluecrossvt.org/providers/provider-policies>

We encourage you to review the medical policies in their entirety. Some of the changes may affect eligible services, non-covered services, services that are not medically necessary, prior approval requirements or investigational services. The changes to these policies may also affect financial responsibilities for members and/or providers.

60-Day Advanced Notice Policy Changes

Policy Name: Ambulance and Medical Transport Services (Ground, Air and Water)
Policy Type: Medical Policy

Summary:	Reinstated prior approval for non-emergent land transport codes A0426 & A0428. Based on high utilization of not medically necessary transport services.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/ambulance-and-medical-transport-services-sept-2025

Policy Name: Cosmetic and Reconstructive Procedures
Policy Type: Medical Policy

Summary:	Policy reviewed. Clarification of medical necessity criteria for Blepharoplasty, blepharoptosis repair and brow ptosis repair. Clarification of weight loss requirement for panniculectomy. Minor formatting changes for clarity and consistency. References updated.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/cosmetic-and-reconstructive-procedures-sept-2025

Policy Name: Cognitive Rehabilitation
Policy Type: Medical Policy

Summary:	Policy reviewed. References updated. No change to policy statement.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/cognitive-rehabilitation-sept-2025

Policy Name: Vision Services and Medical Coverage for Ocular Disease

Policy Type: Medical Policy

Summary:	Policy reviewed. No change to policy statement. Clarification of diagnosis requirements for 0671T, 0810T, 68841, 92137, and 92229. References updated.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/vision-services-sept-2025

Policy Name: Blood and Blood Components, Platelet Derived Growth Factors and Prolotherapy

Policy Type: Medical Policy

Summary:	Policy reviewed. References updated. No changes made to policy statement.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/blood-and-blood-components-sept-2025

Policy Name: Drug Testing in Pain Management and Substance Use Disorder

Policy Type: Medical Policy

Summary:	Policy reviewed. Minor edits. Added language addressing settings in which drug testing may be considered medically necessary. Updated references.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/drug-testing-pain-management-sept-2025

Policy Name: Occipital Nerve Stimulation

Policy Type: Medical Policy

Summary:	Policy reviewed. No change to policy statement. Reference updated.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/occipital-nerve-stimulation-sept-2025

Policy Name: Oral Appliances for Obstructive Sleep Apnea

Policy Type: Medical Policy

Summary:	Policy reviewed. Language added stating that oral appliances may be considered medically necessary as first line treatment of Mild to Moderate OSA. New reference added. Minor formatting changes for clarity and consistency. Added code D9947 to coding table as requiring prior approval effective 01/01/2025.
Effective Date:	September 1, 2025
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/oral-appliances-obstructive-sleep-apnea-sept-2025

Notice of Right to Object in Writing

In accordance with 18 V.S.A. § 9418c contracted providers have the right to object to new or modified policies and manuals.

Providers who object must do so within 60 days of the date the notice related to a policy or manual change. The rationale for the objection to the change must be in writing including related area(s) of the policy or manual and rationale or reasoning for the objection.

These objections are to be directed to Provider Contracting. This can be done by email at: providercontracting@bcbsvt.com or US Postal Service BCBSVT Attn: Provider Contracting, PO Box 186, Montpelier, VT 05601.

Within 5 business days of receipt, the sender will receive confirmation of receipt of the objection.