

NOTICE OF MEDICAL POLICY CHANGES

Date: March 01, 2026 Newsletter

The chart(s) below provide a high-level overview of new/revised/archived Medical Policies.

Updated and new medical policies are posted at <https://www.bluecrossvt.org/providers/provider-policies>

We encourage you to review the medical policies in their entirety. Some of the changes may affect eligible services, non-covered services, services that are not medically necessary, prior approval requirements or investigational services. The changes to these policies may also affect financial responsibilities for members and/or providers.

60-Day Advanced Notice Policy Changes

Policy Name: Allergy Testing, Including Selected Blood, Serum and Cellular Testing and Toxicity Testing Corporate Medical Policy

Policy Type: Medical Policy

Summary:	Policy reviewed. References updated. Medical necessity criteria for mutational analysis of KIT D816V to aid in the diagnosis of suspected Systemic Mastocytosis added. Minor formatting changes. Updated coding table adding code 81273 as requiring prior approval and changing code 83516 from 'not medically necessary for all diagnoses except may be indicated for the treatment and management of autoimmune disorders' to investigational.
Effective Date:	May 01, 2026
Link to Policy/Manual:	

Policy Name: Investigational Services and Procedures Corporate Medical Policy

Policy Type: Medical Policy

Summary:	Updated coding table adding code 43889 from requiring prior approval to investigational. Removed code A9573 from investigational to medically necessary.
Effective Date:	May 01, 2026
Link to Policy/Manual:	

Policy Name: Total Parenteral Nutrition (TPN) in the Home Setting Corporate Medical Policy

Policy Type: Medical Policy

Summary:	Updated coding table to align with prior approval list for code B4164.
Effective Date:	May 01, 2026
Link to Policy/Manual:	

Policy Name: Bariatric Surgery Corporate Medical Policy

Policy Type: Medical Policy

Summary:	Updated coding table changing code 43889 from requiring prior approval to investigational.
Effective Date:	May 01, 2026
Link to Policy/Manual:	

Notice of Right to Object in Writing

In accordance with 18 V.S.A. § 9418c contracted providers have the right to object to new or modified policies and manuals.

Providers who object must do so within 60 days of the date the notice related to a policy or manual change. The rationale for the objection to the change must be in writing including related area(s) of the policy or manual and rationale or reasoning for the objection.

These objections are to be directed to Provider Contracting. This can be done by email at: providercontracting@bcbsvt.com or US Postal Service

BCBSVT Attn: Provider Contracting, PO Box 186, Montpelier, VT 05601.

Within 5 business days of receipt, the sender will receive confirmation of receipt of the objection.