

NOTICE OF MEDICAL POLICY CHANGES

Newsletter Date: July 1, 2026



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The table(s) below provide a high-level overview of new/revised/archived Medical Policies.

Updated and new medical policies are posted at <https://www.bluecrossvt.org/providers/provider-policies>

We encourage you to review the medical policies in their entirety. Some of the changes may affect eligible services, non-covered services, services that are not medically necessary, prior approval requirements or investigational services. The changes to these policies may also affect financial responsibilities for members and/or providers.

Policy Name: Psychological and Neuropsychological Testing

Policy Type: Medical

Summary:	Policy reviewed. Minor language clarifications made. No change to policy intent or coverage. Quick Decision Guide added to policy.
Effective Date:	9/1/2026
Link to Policy/Manual:	psychological-and-neuropsychological-testing-sept-2026

Policy Name: Transcranial Magnetic Stimulation as a Treatment of Depression and Other Psychiatric/Neurologic Disorders

Policy Type: Medical

Summary:	Reviewed policy. Added minor clarifying language. Minor formatting changes. Updated references.
Effective Date:	9/1/2026
Link to Policy/Manual:	transcranial-magnetic-stimulation-sept-2026

Policy Name: Investigational Services and Procedures

Policy Type: Medical

Summary:	Added code 83516 as investigational as listed in Allergy Testing Medical Policy notification provided 03/01/2026 effective 05/01/2026.
Effective Date:	05/01/2026 Provider notification 03/01/2026. Code was originally omitted from the policy in error.
Link to Policy/Manual:	https://www.bluecrossvt.org/documents/investigational-services-procedures-july-2026

Notice of Right to Object in Writing

In accordance with 18 V.S.A. § 9418c contracted providers have the right to object to new or modified policies and manuals.

Providers who object must do so within 60 days of the date the notice related to a policy or manual change. The rationale for the objection to the change must be in writing including related area(s) of the policy or manual and rationale or reasoning for the objection.

These objections are to be directed to Provider Contracting. This can be done by email at: providercontracting@bcbsvt.com or US Postal Service BCBSVT Attn: Provider Contracting, PO Box 186, Montpelier, VT 05601.

Within 5 business days of receipt, the sender will receive confirmation of receipt of the objection.