

HEALTHY HABIT OF THE MONTH:



Achieve success 5 out of 7 days.

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Did you complete the habit?	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No

If you answered "yes" 5 out of the 7 days, please [complete this survey](#) to share your success.