

# 2021 BCBSVT Formulary Wellness List

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Effective July 1, 2021



## **Managing your health with preventive medications**

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

## **A list of covered preventive medications begins on the next page.**

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.

## 2021 Preventive medication list

### Antidepressants

CELEXA  
 citalopram  
 escitalopram  
 fluoxetine  
 fluoxetine dr  
 fluvoxamine  
 fluvoxamine er  
 LEXAPRO  
 paroxetine  
 paroxetine er  
 PAXIL  
 PAXIL CR  
 PEXEVA  
 PROZAC  
 sertraline  
 ZOLOFT

### Antipsychotics

ABILIFY  
 ABILIFY MAINTENA  
 ABILIFY MYCITE  
 ADASUVE  
 aripiprazole  
 aripiprazole odt  
 ARISTADA  
 ARISTADA INITIO  
 asenapine  
 CAPLYTA  
 chlorpromazine  
 clozapine  
 clozapine odt  
 CLOZARIL  
 compro  
 EQUETRO  
 FANAPT  
 FAZACLO  
 fluphenazine  
 GEODON  
 haloperidol  
 INVEGA  
 INVEGA SUSTENNA  
 INVEGA TRINZA  
 LATUDA  
 loxapine  
 molindone  
 NUPLAZID  
 olanzapine  
 olanzapine odt  
 olanzapine/fluoxetine  
 paliperidone er  
 perphenazine  
 PERSERIS

prochlorperazine  
 quetiapine  
 quetiapine er  
 REXULTI  
 RISPERDAL  
 RISPERDAL CONSTA  
 risperidone  
 risperidone odt  
 SAPHRIS  
 SECUADO  
 SEROQUEL  
 SEROQUEL XR  
 SYMBYAX  
 thioridazine  
 thiothixene  
 trifluoperazine  
 VERSACLOZ  
 VRAYLAR  
 ziprasidone  
 ZYPREXA  
 ZYPREXA RELPREVV  
 ZYPREXA ZYDIS

### Asthma and COPD

ACCOLATE  
 ADVAIR DISKUS  
 ADVAIR HFA  
 AIRDUO DIGIHALER  
 AIRDUO RESPICLICK  
 albuterol sulfate  
 albuterol sulfate er  
 ALBUTEROL SULFATE HFA  
 albuterol sulfate hfa  
 ALVESCO  
 ANORO ELLIPTA  
 ARMONAIR DIGIHALER  
 ARNUITY ELLIPTA  
 ASMANEX HFA  
 ASMANEX TWISTHALER  
 ATROVENT HFA  
 BEVESPI AEROSPHERE  
 BREO ELLIPTA  
 BREZTRI AEROSPHERE  
 BROVANA  
 budesonide  
 BUDESONIDE/FORMOTEROL AER  
 COMBIVENT RESPIMAT  
 cromolyn  
 DALIRESP  
 difil-g forte  
 DUAKLIR PRESSAIR  
 DULERA  
 ELIXOPHYLLIN

FLOVENT DISKUS  
 FLOVENT HFA  
 fluticasone/salmeterol diskus  
 FLUTICASONE PROPIONATE/  
 SALMETEROL INH  
 INCRUSE ELLIPTA  
 ipratropium  
 ipratropium/albuterol  
 levalbuterol  
 LEVALBUTEROL HFA  
 LONHALA MAGNAIR  
 metaproterenol  
 montelukast  
 PEAK FLOW METERS  
 PERFORMOMIST  
 PROAIR DIGIHALER  
 PROAIR HFA  
 PROAIR RESPICLICK  
 PROVENTIL HFA  
 PULMICORT  
 PULMICORT FLEXHALER  
 QVAR REDIHALER  
 SEEBRI NEOHALER  
 SEREVENT DISKUS  
 SINGULAIR  
 SPIRIVA HANDIHALER  
 SPIRIVA RESPIMAT  
 STIOLTO RESPIMAT  
 STRIVERDI RESPIMAT  
 SYMBICORT  
 terbutaline  
 THEO-24  
 theophylline  
 theophylline cr  
 theophylline er  
 TRELEGY ELLIPTA  
 TUDORZA PRESSAIR  
 UTIBRON NEOHALER  
 VENTOLIN HFA  
 wixela inhub  
 XOPENEX  
 XOPENEX CONCENTRATE  
 XOPENEX HFA  
 YUPELRI  
 zafirlukast  
 zileuton er  
 ZYFLO

### Cancer

anastrozole  
 ARIMIDEX  
 AROMASIN  
 EVISTA

Brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol). Refer to benefit plan documents to make sure listed medication is included in your benefit.

<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

**Cancer, continued**

exemestane  
 FARESTON  
 FEMARA  
 letrozole  
 OSPHENA  
 raloxifene  
 SOLTAMOX  
 tamoxifen  
 toremifene

**Cardiovascular/heart disease**

**Anti-anginal agents**

DILATRATE SR  
 GONITRO  
 ISORDIL TITRADOSE  
 isosorbide dinitrate  
 isosorbide dinitrate er  
 isosorbide mononitrate  
 isosorbide mononitrate er  
 minitran  
 NITRO-BID  
 NITRO-DUR  
 nitroglycerin  
 nitroglycerin er  
 nitroglycerin lingual  
 nitroglycerin transdermal  
 NITROLINGUAL PUMPSPRAY  
 NITROMIST  
 NITROSTAT  
 nitro-time  
 RANEXA  
 ranolazine er

**Anticoagulants**

AGGRENOX  
 ARIXTRA<sup>SP</sup>  
 aspirin/dipyridamole er  
 ASPIRIN/OMEPRAZOLE  
 BEVYXXA  
 BRILINTA  
 cilostazol  
 clopidogrel  
 COUMADIN  
 dipyridamole  
 DURLAZA  
 EFFIENT  
 ELIQUIS  
 enoxaparin<sup>SP</sup>  
 fondaparinux<sup>SP</sup>  
 FRAGMIN<sup>SP</sup>  
 heparin  
 jantoven  
 LOVENOX<sup>SP</sup>  
 PLAVIX

PRADAXA  
 prasugrel  
 SAVAYSA  
 warfarin  
 XARELTO  
 YOSPRALA  
 ZONTIVITY

**Cardiac glycosides**

digitek  
 digox  
 digoxin  
 LANOXIN

**High blood pressure**

ACCUPRIL  
 ACCURETIC  
 acebutolol  
 ADALAT CC  
 ALDACTAZIDE  
 ALDACTONE  
 aliskiren  
 ALTACE  
 amiloride  
 amiloride/hydrochlorothiazide  
 amlodipine  
 amlodipine/benazepril  
 amlodipine/olmesartan  
 amlodipine/valsartan  
 amlodipine/valsartan/  
 hydrochlorothiazide  
 ATACAND  
 ATACAND HCT  
 atenolol  
 atenolol/chlorthalidone  
 AVALIDE  
 AVAPRO  
 AZOR  
 benazepril  
 benazepril/hydrochlorothiazide  
 BENICAR  
 BENICAR HCT  
 BETAPACE  
 BETAPACE AF  
 betaxolol tablet  
 BIDIL  
 bisoprolol  
 bisoprolol/hydrochlorothiazide  
 BLOOD PRESSURE MONITORS  
 bumetanide  
 BUMEX  
 BYSTOLIC  
 CALAN  
 CALAN SR  
 candesartan  
 candesartan/hydrochlorothiazide  
 captopril

captopril/hydrochlorothiazide  
 CARDIZEM  
 CARDIZEM CD  
 CARDIZEM LA  
 CARDURA  
 CAROSPIR  
 cartia xt  
 carvedilol  
 carvedilol er  
 CATAPRES  
 CATAPRES-TTS  
 chlorothiazide  
 chlorthalidone  
 clonidine  
 CONJUPRI  
 CONSENSI  
 COREG  
 COREG CR  
 CORGARD  
 COZAAR  
 DEMADDEX  
 DEMSER  
 DIBENZYLINE  
 diltiazem  
 diltiazem cd  
 diltiazem er  
 dilt-xr  
 DIOVAN  
 DIOVAN HCT  
 DIURIL  
 doxazosin  
 DUTOPROL  
 DYAZIDE  
 DYRENIUM  
 EDARBI  
 EDARBYCLOR  
 EDECRIN  
 enalapril  
 enalapril/hydrochlorothiazide  
 EPANED  
 eplerenone  
 eprosartan  
 ethacrynic acid  
 EXFORGE  
 EXFORGE HCT  
 felodipine er  
 FIRST - ATENOLOL  
 FIRST - METOPROLOL  
 fosinopril  
 fosinopril/hydrochlorothiazide  
 furosemide  
 guanfacine  
 HEMANGEOL  
 hydralazine  
 hydrochlorothiazide  
 HYZAAR  
 indapamide

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**Cardiovascular/heart disease, continued****High blood pressure**

INDERAL LA  
 INDERAL XL  
 INNOPRAN XL  
 INSPRA  
 irbesartan  
 irbesartan/hydrochlorothiazide  
 isradipine  
 KAPSPARGO SPRINKLE  
 KATERZIA  
 labetalol  
 LASIX  
 lisinopril  
 lisinopril/hydrochlorothiazide  
 LOPRESSOR  
 LOPRESSOR HCT  
 losartan  
 losartan/hydrochlorothiazide  
 LOTENSIN  
 LOTENSIN HCT  
 LOTREL  
 matzim la  
 MAXZIDE  
 MAXZIDE-25  
 methyl dopa  
 methyl dopa/hydrochlorothiazide  
 metolazone  
 metoprolol  
 metoprolol er  
 METOPROLOL ER/  
 HYDROCHLOROTHIAZIDE  
 metoprolol/hydrochlorothiazide  
 metyrosine  
 MICARDIS  
 MICARDIS HCT  
 MINIPRESS  
 minoxidil tablet  
 moexipril  
 nadolol  
 nicardipine  
 nifedipine  
 nifedipine er  
 nimodipine  
 nisoldipine er  
 NORVASC  
 NYMALIZE  
 olmesartan  
 olmesartan/hydrochlorothiazide  
 olmesartan/amlodipine/  
 hydrochlorothiazide  
 perindopril  
 phenoxybenzamine  
 pindolol  
 prazosin  
 PRESTALIA

PRINIVIL  
 PROCARDIA  
 PROCARDIA XL  
 propranolol  
 propranolol er  
 propranolol/hydrochlorothiazide  
 QBRELIS  
 quinapril  
 quinapril/hydrochlorothiazide  
 ramipril  
 sotalol  
 SOTYLIZE  
 spironolactone  
 spironolactone/hydrochlorothiazide  
 SULAR  
 TARKA  
 taztia xt  
 TEKTURNA  
 TEKTURNA HCT  
 telmisartan  
 telmisartan/amlodipine  
 telmisartan/hydrochlorothiazide  
 TENORETIC  
 TENORMIN  
 terazosin  
 tiadylt er  
 TIAZAC  
 timolol tablet  
 TOPROL XL  
 torsemide  
 trandolapril  
 trandolapril/verapamil er  
 triamterene  
 triamterene/hydrochlorothiazide  
 TRIBENZOR  
 TWYNSTA  
 valsartan  
 valsartan/hydrochlorothiazide  
 VASERETIC  
 VASOTEC  
 VECAMYL  
 verapamil  
 verapamil er  
 verapamil sr  
 VERELAN  
 VERELAN PM  
 ZESTORETIC  
 ZESTRIL  
 ZIAC

**High cholesterol**

ALTOPREV  
 amlodipine/atorvastatin  
 ANTARA  
 atorvastatin  
 CADUET  
 cholestyramine

cholestyramine light  
 colesevelam  
 COLESTID  
 COLESTID FLAVORED  
 colestipol  
 CRESTOR  
 EZALLOR SPRINKLE  
 ezetimibe  
 ezetimibe/simvastatin  
 fenofibrate  
 fenofibrate micronized  
 fenofibric acid  
 fenofibric acid dr  
 FENOGLIDE  
 FIBRICOR  
 FLOLIPID  
 fluvastatin  
 fluvastatin er  
 gemfibrozil  
 icosapent ethyl  
 JUXTAPID<sup>SP</sup>  
 LESCOL XL  
 LIPITOR  
 LIPOFEN  
 LIVALO  
 LOPID  
 lovastatin  
 LOVAZA  
 NEXLETOL  
 NEXLIZET  
 niacin (Rx only)  
 niacin er  
 niacor  
 NIASPAN  
 omega-3-acid ethyl esters  
 PRALUENT  
 PRAVACHOL  
 pravastatin  
 prevalite  
 QUESTRAN  
 QUESTRAN LIGHT  
 REPATHA  
 REPATHA SURECLICK  
 rosuvastatin  
 simvastatin  
 TRICOR  
 TRIGLIDE  
 TRILIPIX  
 VASCEPA  
 VYTORIN  
 WELCHOL  
 ZETIA  
 ZOCOR  
 ZYPITAMAG

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## Contraceptives

*This section lists contraceptive categories. Please note that brands and generics are eligible.*

CONTRACEPTIVE PATCH  
CONTRACEPTIVE RING (VAGINAL)  
EMERGENCY CONTRACEPTIVES  
IMPLANT CONTRACEPTIVE  
INJECTABLE CONTRACEPTIVE  
IUDs  
ORAL CONTRACEPTIVES

## Diabetes

### Insulin

ADMELOG  
ADMELOG SOLOSTAR  
AFREZZA  
APIDRA  
APIDRA SOLOSTAR  
BASAGLAR KWIKPEN  
FIASP  
FIASP FLEXTOUCH  
FIASP PENFILL  
HUMALOG  
HUMALOG JUNIOR KWIKPEN  
HUMALOG KWIKPEN  
HUMALOG MIX 50/50  
HUMALOG MIX 50/50 KWIKPEN  
HUMALOG MIX 75/25  
HUMALOG MIX 75/25 KWIKPEN  
HUMULIN 70/30  
HUMULIN 70/30 KWIKPEN  
HUMULIN N  
HUMULIN N KWIKPEN  
HUMULIN R  
HUMULIN R U-500  
INSULIN ASPART  
INSULIN ASPART FLEXPEN  
INSULIN ASPART PENFILL  
INSULIN ASPART PROTAMINE/INSULIN  
ASPART  
INSULIN LISPRO  
INSULIN LISPRO JUNIOR KWIKPEN  
INSULIN LISPRO PROTAMINE/INSULIN  
LISPRO KWIKPEN  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
LYUMJEV KWIKPEN  
NOVOLIN 70/30  
NOVOLIN 70/30 FLEXPEN  
NOVOLIN 70/30 RELION

NOVOLIN N  
NOVOLIN N FLEXPEN  
NOVOLIN N RELION  
NOVOLIN R  
NOVOLIN R RELION  
NOVOLOG  
NOVOLOG FLEXPEN  
NOVOLOG MIX 70/30  
NOVOLOG MIX 70/30 PREFILLED  
FLEXPEN  
NOVOLOG PENFILL  
SEMGLEE  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### Non-Insulin

acarbose  
ACTOPLUS MET  
ACTOS  
ADLYXIN  
ALOGLIPTIN  
ALOGLIPTIN / METFORMIN  
ALOGLIPTIN / PIOGLITAZONE  
AMARYL  
AVANDIA  
BYDUREON BCISE  
BYDUREON PEN  
BYETTA  
CYCLOSET  
DUETACT  
FARXIGA  
FORTAMET  
glimepiride  
glipizide  
glipizide er  
glipizide xl  
glipizide/metformin  
GLUCOMETERS  
GLUCOTROL  
GLUCOTROL XL  
GLUMETZA  
glyburide  
glyburide micronized  
glyburide/metformin  
GLYNASE  
GLYSET  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUMET  
JANUMET XR  
JANUVIA  
JARDIANCE  
JENTADUETO

JENTADUETO XR  
KAZANO  
KOMBIGLYZE XR  
metformin  
metformin er  
miglitol  
nateglinide  
NESINA  
ONGLYZA  
OSENI  
OZEMPIC  
pioglitazone  
pioglitazone/metformin  
pioglitazone/glimepiride  
PRANDIN  
PRECOSE  
QTERN  
repaglinide  
repaglinide/metformin  
RIOMET  
RYBELSUS  
SEGLUROMET  
SOLIQUA  
STARLIX  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
tolbutamide  
TRADJENTA  
TRIJARDY XR  
TRULICITY  
VICTOZA  
XIGDUO XR  
XULTOPHY

### Estrogens

ACTIVELLA  
ALORA  
amabelz  
ANGELIQ  
BIJUVA  
CLIMARA  
CLIMARA PRO  
COMBIPATCH  
COVARYX  
COVARYX HS  
DIVIGEL  
DOTTI  
DUAVEE  
EEMT  
EEMT HS  
ELESTRIN  
esterified estrogens/  
methyltestosterone ds

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**Estrogens**, continued

esterified estrogens/  
methyltestosterone hs  
ESTRACE  
estradiol  
estradiol/norethindrone  
ESTROGEL  
EVAMIST  
FEMHRT LOW DOSE  
fyavolv  
jinteli  
lyllana  
lopreeza  
MENEST  
MENOSTAR  
mimvey  
mimvey lo  
MINIVELLE  
ORIAHNN  
PREFEST  
PREMARIN  
PREMPHASE  
PREMPRO  
VIVELLE-DOT

**Gastrointestinal-ulcer drugs**

ACIPHEX  
ACIPHEX SPRINKLE  
CARAFATE  
cimetidine  
CYTOTEC  
DEXILANT  
esomeprazole magnesium  
ESOMEPRAZOLE STRONTIUM  
famotidine  
FIRST-LANSOPRAZOLE  
FIRST-OMEPRAZOLE  
lansoprazole  
lansoprazole/amoxicillin/clarithromycin  
misoprostol  
NEXIUM  
nizatidine  
OMECLAMOX-PAK  
omeppi  
omeprazole  
omeprazole/sodium bicarbonate  
pantoprazole  
pantoprazole dr  
PEPCID  
PREVACID  
PRILOSEC  
PROTONIX  
PYLERA  
rabeprazole  
RABEPRAZOLE DR SPRINKLE  
sucralfate

TALICIA  
ZEGERID

**HIV/AIDS**

abacavir  
abacavir/lamivudine  
abacavir/lamivudine/zidovudine  
APTIVUS  
atazanavir  
ATRIPLA  
BIKTARVY  
CIMDUO  
COMBIVIR  
COMPLERA  
CRIXIVAN  
DELSTRIGO  
DESCOVY  
didanosine  
DOVATO  
EDURANT  
efavirenz  
efavirenz/emtricitabine/tenofovir  
disoproxil  
efavirenz/lamivudine/tenofovir  
disoproxil  
emtricitabine  
emtricitabine/tenofovir disoproxil  
EMTRIVA  
EPIVIR  
EPZICOM  
EVOTAZ  
fosamprenavir  
FUZEON  
GENVOYA  
INTELENCE  
INVIRASE  
ISENTRESS  
ISENTRESS HD  
JULUCA  
KALETRA  
lamivudine  
lamivudine/zidovudine  
LEXIVA  
lopinavir/ritonavir  
nevirapine  
nevirapine er  
NORVIR  
ODEFSEY  
PIFELTRO  
PREZCOBIX  
PREZISTA  
RESCRIPTOR  
RETROVIR  
REYATAZ  
ritonavir  
RUKOBIA

SELZENTRY  
stavudine  
STRIBILD  
SUSTIVA  
SYMFI  
SYMFI LO  
SYMTUZA  
TEMIXYS  
tenofovir disoproxil  
TIVICAY  
TIVICAY PD  
TRIUMEQ  
TRIZIVIR  
TROGARZO  
TRUVADA  
TYBOST  
VIDEX PEDIATRIC  
VIDEX EC  
VIRACEPT  
VIRAMUNE  
VIRAMUNE XR  
VIREAD  
VOCABRIA  
ZIAGEN  
zidovudine

**Osteoporosis**

ACTONEL  
alendronate  
ATELVIA  
BINOSTO  
BONIVA  
calcitonin salmon  
etidronate disodium  
EVENTY<sup>SP</sup>  
EVISTA  
FORTEO<sup>SP</sup>  
FOSAMAX  
FOSAMAX + D  
ibandronate  
NATPARA<sup>SP</sup>  
PROLIA<sup>SP</sup>  
raloxifene  
risedronate  
risedronate dr  
TYMLOS<sup>SP</sup>

**Smoking deterrents**

bupropion er  
CHANTIX  
NICODERM CQ  
NICORETTE  
nicotine gum / lozenge / patch  
NICOTROL INH / NS  
ZYBAN

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## Transplant

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ASTAGRAF XL <sup>SP</sup>  
AZASAN  
azathioprine  
CELLCEPT <sup>SP</sup>  
cyclosporine <sup>SP</sup>  
cyclosporine modified <sup>SP</sup>  
ENVARUS XR <sup>SP</sup>  
everolimus <sup>SP</sup>  
engraf <sup>SP</sup>  
IMURAN  
LYPKYNIS  
mycophenolate <sup>SP</sup>  
mycophenolic acid dr <sup>SP</sup>  
MYFORTIC <sup>SP</sup>  
NEORAL <sup>SP</sup>  
PROGRAF <sup>SP</sup>  
RAPAMUNE <sup>SP</sup>

SANDIMMUNE <sup>SP</sup>  
sirolimus <sup>SP</sup>  
tacrolimus capsule <sup>SP</sup>  
ZORTRESS <sup>SP</sup>

## Vitamins & electrolytes

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### Pediatric vitamins with fluoride

(for example; POLY-VI-FLOR, tri-vit / fl)  
generic products  
BRAND NAME PRODUCTS

### Prenatal multivitamins with iron and folic acid

(for example; OB COMPLETE,  
prenatabs RX)  
generic products  
BRAND NAME PRODUCTS

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This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.

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