

## Form F1D: Authorization to Release Substance Use Disorder (SUD) Records

INSTRUCTIONS: This authorization is intended for currently enrolled members. If you are a former member, or acting on behalf of a deceased member, please complete Form F1E: Authorization to Release Substance Use Disorder (SUD) Records. You must complete all information below. If incomplete, this authorization will be returned. If you have any questions or need assistance completing this form, please contact Customer Service at (800) 247-2583. This form consists of four (4) pages.

### Section 1: Member Information

Member Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

BCBSVT ID Number: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

### Section 2: Consent

I authorize Blue Cross and Blue Shield of Vermont (BCBSVT), The Vermont Health Plan (TVHP), Vermont Collaborative Care (VCC), and their subsidiaries, affiliates, employees, officers, agents and other related entities to give substance use disorder (SUD) records to the authorized person(s) named in Section 4. I have requested this information to be given to the authorized person(s) for the purpose of responding to inquiries regarding my health benefits.

SUD Records include any information, whether recorded or not, that might identify an individual, directly or indirectly, as having or having had a SUD. For example, any document containing the identity, diagnosis, prognosis, or treatment of any patient relating to SUD education, prevention, training, treatment, rehabilitation, or research.

### **NOTICE: Consent for Civil Criminal, Administrative, or Legislative Proceedings**

- ☐ Please check this box if this authorization is for the purpose of using or disclosing your SUD records in a civil, criminal, administrative, or legislative proceeding.

If BCBSVT receives a subpoena requesting my information including SUD records, I understand that I must provide this separate authorization permitting the disclosure of my SUD records before BCBSVT may provide the requested information.

- The information to be disclosed pursuant to this authorization must be identified in a specific and meaningful manner in Section 4. I understand that failure to do so will result in this authorization being rejected and potential delays.
- The recipients of the information must be specifically identified under Section 5. I understand that failure to do so will result in this authorization being rejected and potential delays.

By selecting the box above, I authorize the use and disclosure of my SUD records for a legal investigation or proceeding involving or against me. I understand that this authorization applies solely to my SUD records and does not extend to any other protected health information. I understand that this authorization may not be combined with consent for other uses or disclosures of my SUD records, except as it pertains to this matter.

### **Section 3: Important Information about this Authorization to Release SUD Records**

**Indemnity**—I hereby release BCBSVT/TVHP, VCC and their subsidiaries, affiliates, employees, officers, agents and other related entities from any and all liability associated with the release of such information and records to the authorized person, and further agree to indemnify and hold BCBSVT/TVHP harmless, and defend BCBSVT/TVHP in court, if necessary, from any claims arising out of any release of information pursuant to this authorization.

**Voluntary Authorization**—This authorization is voluntary. BCBSVT/TVHP will not condition my enrollment, eligibility for benefits or payment of claims on giving this authorization.

**Re-disclosure of Information**— I understand that BCBSVT/TVHP, VCC and their subsidiaries, affiliates, employees, officers, agents and other related entities have no control over the authorized person(s) or entities whom I have authorized to receive my protected health information. Therefore, BCBSVT/TVHP, VCC and their subsidiaries, affiliates, employees, officers, agents and other related entities shall not be responsible for any improper or unauthorized re-disclosure of my information by those authorized under this document.

**General Health Care Information**—I understand that this authorization is limited solely to the release of SUD records and does not provide for the release of any other health care information. I understand that I *must complete a separate form, Form F1: Authorization to Release Information (or Form F1A: Authorization to Release Information Following Termination of Coverage)*, for this purpose.

I understand that SUD records may include medical information and information relating to sensitive issues such mental health, HIV/AIDS or sexually transmitted disease(s).

### **Section 4: Nature and Amount of Information**

Please check one of the boxes below. If you do not select anything, BCBSVT/TVHP will release General SUD Information as described below.

- ☐ General SUD Information—BCBSVT/TVHP may disclose to the authorized person(s) all of the information and records that could be given to me upon my request.
- ☐ Other—Please be specific. You may identify information by date of service, name of provider, treatment facility, or specific prognosis/diagnosis. If you indicated above that this form is for the purpose of providing Consent for Civil Criminal, Administrative, or Legislative Proceedings, you must identify the SUD information in a specific and meaningful fashion: \_\_\_\_\_

### **Section 5: Authorized Recipient(s)**

Name: \_\_\_\_\_

Organization (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_  
Street or Post Office Box \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Relationship to Member: \_\_\_\_\_  
i.e. treating provider, third party payer, mother,  
attorney, neighbor, friend, benefits administrator

## Section 9: Signature

I have had full opportunity to read and consider the contents of this authorization, and I confirm that the contents are consistent with my direction to BCBSVT/TVHP. I understand that, by signing this form, I am confirming my authorization that BCBSVT/TVHP, VCC and their subsidiaries, affiliates, employees, officers, agents and other related entities may use and/or disclose the protected health information described in this form to the authorized person(s) named above.

Member Signature\*\*: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*If the Member is a minor age 12 or older (12 – 18 years old), they must authorize the release of certain protected health information, such as SUD records, even if a parent or legal guardian is requesting the information.

If you are a personal representative, such as a Legal Guardian or an agent acting under a Power of Attorney, you *may* be able to sign on behalf of the Member if the supporting documentation has the required language. This Form shall be accompanied by such supporting documentation for BCBSVT's Legal Department to determine whether authority is granted to authorize this Form.

Personal Representative's Name: \_\_\_\_\_

Relationship to Member or Authority to act as Personal Representative: \_\_\_\_\_

**Please keep a copy of this document for your records and send the completed Authorization via mail to Blue Cross and Blue Shield of Vermont, Attn: Customer Service, PO Box 186, Montpelier, VT 05601-0186, fax to (802) 371-3658, or email [customerservice@bcbsvt.com](mailto:customerservice@bcbsvt.com).**

**NOTE: This form must be signed and sent by the Member granting the permission, not the person receiving the permission.**