

► Employee Signature \_\_\_\_

# 2026 PLAN SELECTION FORM

Please provide all information printed in ink or type.

**Employer and Employee use only Requested Effective Date** (800) 255-4550 (TTY/TDD: 711) bluecrossvt.org/smallbusiness Submit form to: This form must be returned to: Submit by: **Group Benefits Administrator** Date SECTION 1: EMPLOYER/EMPLOYEE INFORMATION Member ID #: Group name: First name: Last name: **SECTION 2: PLAN SELECTION Vermont Select Plans Vermont Preferred Plans** Standard Plans Vermont Vermont Vermont Vermont Vermont Vermont Select Silver CDHP Preferred Select Silver Bronze Preferred Platinum Preferred Gold **Bronze CDHP** Select **Bronze** Reflective Reflective Silver Silver CDHP Bronze Integrated Gold CDHP Gold **Bronze** Reflective **CDHP** Reflective Blue Cross VT Health Plans Offered by Employer Employer Selection (may choose up to 13 plans) Employee Selection (choose plan below) П П П П П **Aggregate Deductibles** Stacked Deductibles **Aggregate Deductibles** Once all members on the health plan meet their collective Once a member meets their deductible, the health plan Once all members on the pays accordingly, even for a two-person or family plan. deductible, the health plan pays accordingly. health plan meet their collective deductible, the health plan pays accordingly. The following amount will be paid toward your premiums: ☐ Weekly ☐ Bi-weekly ☐ Monthly Employee-only Employee + Child(ren) Family Two-person **SECTION 3: ACCEPT OR DECLINE ENROLLMENT** ☐ I select the plan above as my 2026 health plan selection. I understand that I can find the plans Summary of Benefits and Coverage (SBC) at bluecrossvt.org/smallbusiness or my employer has provided me a copy. ☐ I decline If you are declining enrollment for yourself or your dependents (including your spouse) because of another health plan or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 60 days after you or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage). If you or your dependent lose eligibility for a public benefit program, such as Dr. Dynasaur, you or your dependent may be eligible for coverage under this group health plan. In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and

your dependents. However, you must request enrollment within 60 days after the loss of eligibility, marriage, birth, adoption, or placement for adoption.

SECTION 4: EMPLOYEE SIGNATURE

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SECTION 4. EMPLOTEE SIGNATURE		
	Date	◀

## DISCLAIMERS

#### **General Exclusions**

While your health plan covers a broad array of necessary services and supplies, it doesn't cover every possible medical expense. If you would like to review the list of general exclusions before enrolling, visit **bluecrossyt.org/** contracts, click on the plan in which you are enrolling and read the chapter entitled "General Exclusions." Once you enroll, you will receive an Outline of Coverage and a link to your Certificate of Coverage. Please read both carefully as they govern your specific benefits.

### **How We Protect Your Privacy**

The law requires us to maintain the privacy of your health information by using or disclosing it only with your authorization or as otherwise allowed by law. You may find information about our privacy practices at bluecrossyt. org/privacypolicies.

# NOTICE: Discrimination is Against the Law

Blue Cross® and Blue Shield® of Vermont (Blue Cross VT) and its affiliate The Vermont Health Plan (TVHP) comply with applicable federal and state civil rights laws and do not discriminate, exclude people or treat them differently on the basis of race, color, national origin, age, disability, gender identity or sex, ethnicity, sexual orientation, or HIV-status.

Blue Cross VT provides free aids and services to people with disabilities to communicate effectively with us. We provide, for example, qualified sign language interpreters and written information in other formats (e.g., large print, audio or accessible electronic format).

Blue Cross VT provides free language services to people whose primary language is not English. We provide, for example, qualified interpreters and information written in other languages.

If you need these services, contact Whitney Standefer-Smith, civilrightscoordinator@bcbsvt.com.

If you believe that Blue Cross VT has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability, gender identity or sex, ethnicity, sexual orientation, or HIV-Status, you can file a grievance with: Whitney Standefer-Smith, Civil Rights Coordinator, P.O. Box 186, Montpelier, VT 05601-0186, call (800) 247-2583 (TTY/TDD: 711), fax (802) 229-0511, or email civilrightscoordinator@bcbsvt.com. You can file a grievance in person, by mail, via fax, or by email. If you need help filing a grievance, Whitney Standefer-Smith, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services. Office for Civil Rights, electronically or through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD) Complaint forms are available at

https://www.hhs.gov/ocr/complaints/index.html

For free language-assistance service, call (800) 247-2583 (TTY/TDD: 711).

للحصول على خدمات المساعدة اللغوية المجانية ، اتصل (800) **ARABIC** 

2583 247 (TTY/TDD: 711). lilhusul ealaa khadmat almusaeadat allughawiat almajaaniat, atasal

(800) 247-2583 (TTY/TDD: 711).

如需免费语言协助服务, 请致电, **CHINESE** 

(800) 247-2583 (TTY/TDD: 711).

Rú xū miǎnfèi yǔyán xiézhù fúwù, gǐng zhìdiàn (800)

247-2583 TTY/TDD: 711).

**CUSHITE** Tajaajila gargaarsa afaanii bilisaa argachuuf, (800)

247-2583 (TTY/TDD: 711) bilbili. (OROMO)

Pour des services d'assistance linguistique gratuits, **FRENCH** 

appelez le (800) 247-2583 (TTY/TDD: 711).

Für kostenlose Sprachunterstützungsdienste rufen **GERMAN** 

Sie (800) 247-2583 (TTY/TDD: 711) an.

Per i servizi di assistenza linguistica gratuiti, **ITALIAN** 

chiamare il numero (800) 247-2583 (TTY/TDD: 711).

**JAPANESE** 無料の言語支援サービスについては、(800) 247-2583

(TTY/TDD: 711).

Muryō no gengo shien sābisu ni tsuite wa, (800) 247-2583 (TTY/TDD: 711) made o denwa kudasai.

**NEPALI** निःशुल्क भाषा-सहायता सेवाहरूको लागि, कल गर्नुहोस . (800)

> 247-2583 (TTY/TDD: 711). Niḥśulka bhāṣā-sahāyatā sēvāharūkō lāgi, kala garnuhōs (800) 247-2583

(TTY/TDD: 711).

**PORTUGUESE** Para serviços gratuitos de assistência linguística,

ligue para (800) 247-2583 (TTY/TDD: 711).

Чтобы получить бесплатную языковую помощь, RUSSIAN

позвоните по телефону (800) 247-2583

(TTY/TDD: 711).

За бесплатне услуге језичке помоћи позовите SERBO-(800) 247-2583 (TTY/TDD: 711). Za besplatne **CROATIAN** usluge jezičke pomoći pozovite (800) 247-2583 (SERBIAN)

(TTY/TDD: 711).

Para servicios gratuitos de asistencia lingüística, **SPANISH** 

llame al (800) 247-2583 (TTY/TDD: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, **TAGALOG** 

> maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag

sa (800) 247-2583 (TTY/TDD: 711).

THAI สำหรับบริการช่วยเหลือด้านภาษาฟรี โทร,(800) 247-

2583 (TTY/TDD: 711). Sahrab brikar chwyhelux dan

phās'ā frī thor (800) 247-2583 (TTY/TDD: 711).

Щоб отримати безкоштовні мовні послуги, UKRAINIAN

> телефонуйте (800) 247-2583 (TTY/TDD: 711). Shchob otrymaty bezkoshtovni movni posluhy, telefonuyte (800) 247-2583 (TTY/TDD: 711)

Đối với các dịch vu hỗ trợ ngôn ngữ miễn phí, **VIETNAMESE** 

hãy gọi (800) 247-2583 (TTY/TDD: 711).