

August 2025

Medical and Payment Policy Updates

View the payment and medical policy updates that go into effect October 1, 2025.

Medical Policy Updates

Payment Policy Updates

Pharmacy Updates

- **Generic Qsymia (Topiramate/phentermine)** is now available and added to formulary as a Tier 1 generic
- [Current Drug Policies](#)
- [List of Covered Medications](#)

To discuss drug coverage or clinical questions, reach out to our Clinical Pharmacist, Amy Stoll, PharmD at stolla@bcbsvt.com or 802-371-3657.

Mental Health & MHSUD Medication Management Support with Valera Health

Through our partnership with Valera Health, they will work with you to ensure your patients get the care they need sooner, as well as ensure the patient's medications are working effectively. Learn more about Valera Health and how their services can support you and our members at www.valerahealth.com.

Upcoming Holiday Closure

We will be closed on Monday, September 1, 2025, in observance of Labor Day. We will reopen for normal business hours on Tuesday, September 2, 2025.

Provider Handbook Updates

The provider handbook has been updated to reflect changes in effect for the coding validation review process, as well as where to access our current clinical practice guidelines.

Handbook Updates

Prior Approval List Changes

Review the upcoming changes to our list of services, equipment, and supplies requiring prior approval.

[Prior Approval Changes](#)

Blue Cross and Blue Shield of Vermont, 445 Industrial Lane, Berlin, Vermont 05602, USA

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